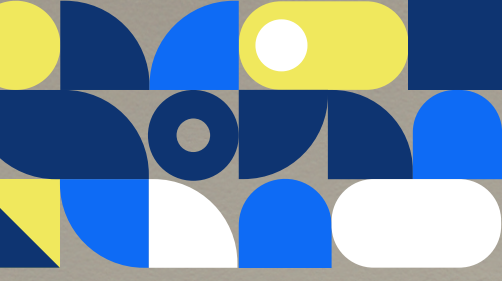


2025-2026

ANNUAL REPORT

Together
for Change



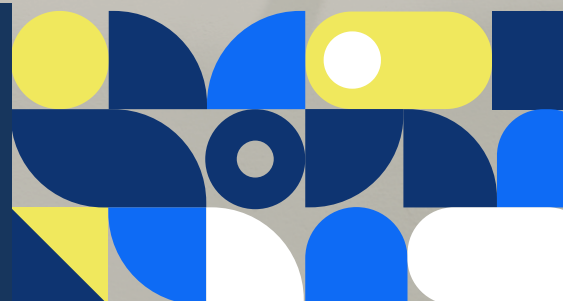


6

ACTIVE
PROJECTS

5

STATES
COVERED



Annual Report

2025

2026

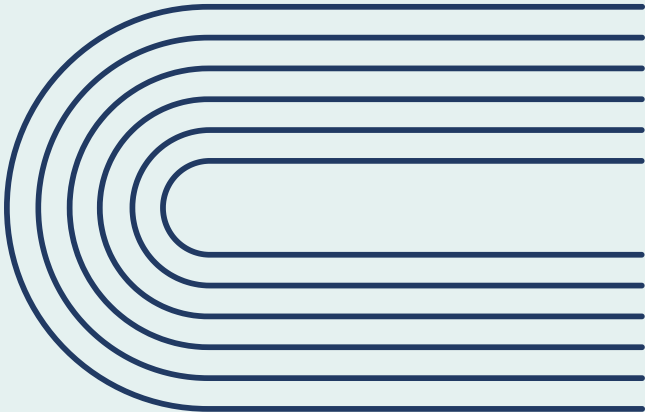
**A Year of Transformation - Deepening
Roots, Expanding Horizons, Touching
Lives Across India**





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About Us



Institute for Research and Growth (iRG), registered in 2016, is a non-governmental secular organisation engaged in human development through research and education. iRG works across India in the domains of health and nutrition, livelihood, skill empowerment, agriculture, and employment in targeted geographies.

Operating from community health education to large-scale primary healthcare delivery, iRG serves the most marginalized - migrant workers, tribal populations, underserved women and children - ensuring that quality healthcare and development opportunities reach those who need them most.

In FY 2025–26, iRG operated six active projects across Himachal Pradesh, Gujarat, Delhi, Maharashtra (Mumbai & Pune), Haryana, and Uttar Pradesh, in partnership with leading corporate foundations including Nestlé R&D, Glenmark Foundation, CBRE, Coromandel International, Huntsman Solutions, and DLF Foundation.

OUR PARTNERS



Research and
Development



Vision

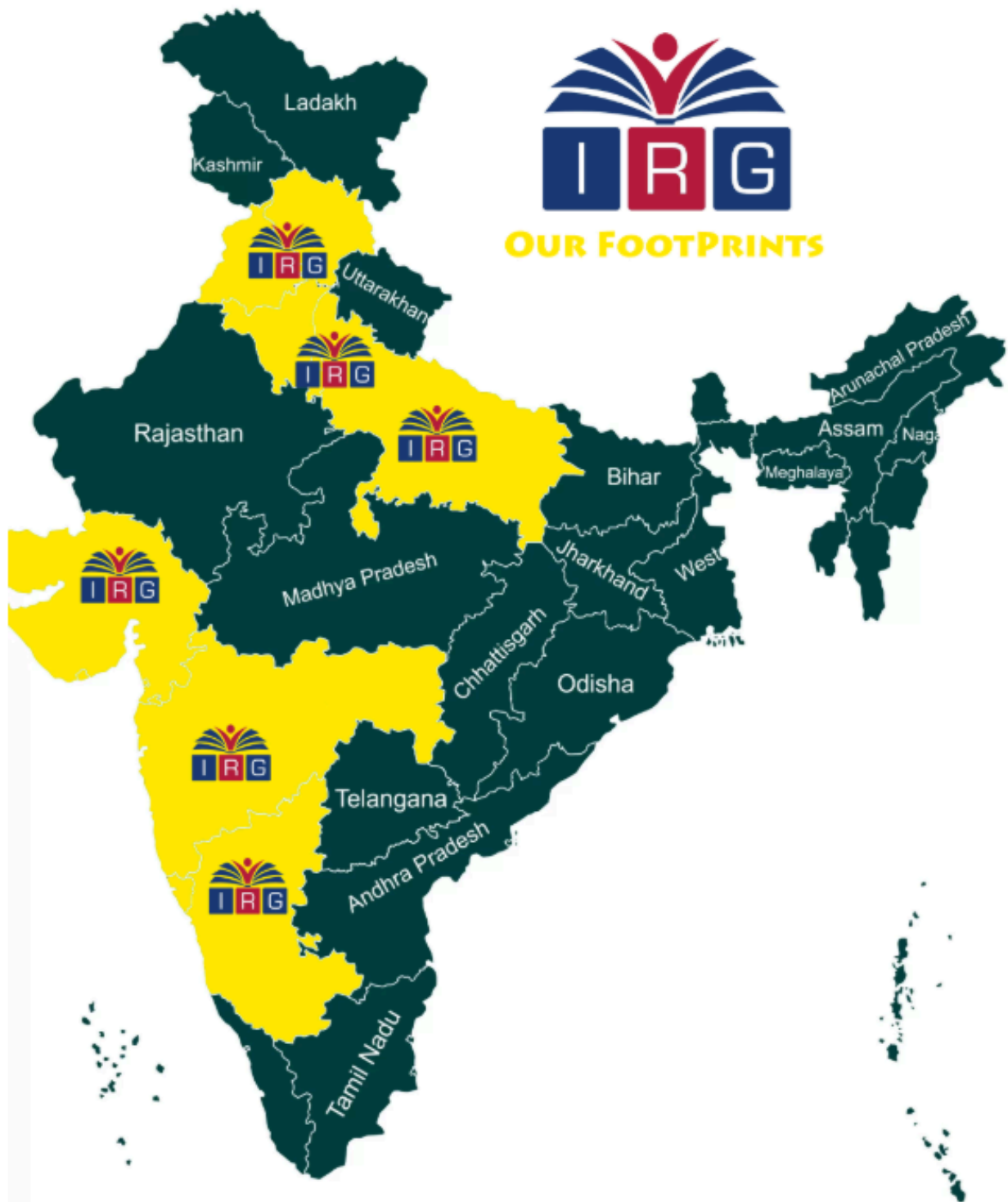


“Working together in building a world that is healthy, just, equitable, empowered and inclusive”

Mission



“To empower the underserved and marginalized individuals and community through gender sensitive participatory processes for achieving optimal and sustainable development outcomes”



Healthcare Services

Clinic-based care, mobile medical units, community health education, and health camps.

Government Integration

Deep collaboration with ICDS, Department of Health, AYUSH, and district-level officials.

Capacity Building

Training frontline workers, ASHA workers, Anganwadi staff and community educators.

Public Health Expertise

Extensive work in maternal, newborn, child, and adolescent health across states.

Advocacy & Holistic Approach

Policy advocacy combined with community empowerment and awareness programmes.

Our Journey

From a community health focus at founding, to a multi-state, multi-sector organisation trusted by India's leading corporate foundations.

01

Founded

Registered in 2016 with a community health focus. Early work in maternal and child health in Himachal Pradesh.

02

Multi-State Expansion

Projects expanded across 7+ states — Gujarat, Maharashtra, Delhi, Haryana, HP, and more.

03

CSR Partnerships

Strategic partnerships with Nestlé, Glenmark, CBRE, Coromandel, Huntsman & DLF Foundation.

04

Integrated Development

FY 2025–26: 6 simultaneous projects, integrating clinical care, behaviour change & traditional medicine.

PROGRAMME PILLARS



PREVENTIVE & PROMOTIVE HEALTH

NCD screening, nutrition counselling, immunization support, and health literacy programmes.

NCD screening



ALTERNATIVE & PREVENTIVE THERAPEUTICS

Naturopathy, Ayurveda, acupressure therapy, and AYUSH-based dietary practices.

Ayurvedic Naturopathic



HEALTH SYSTEM STRENGTHENING

Training ASHAs, frontline workers, and Anganwadi staff; advocacy with district health authorities.

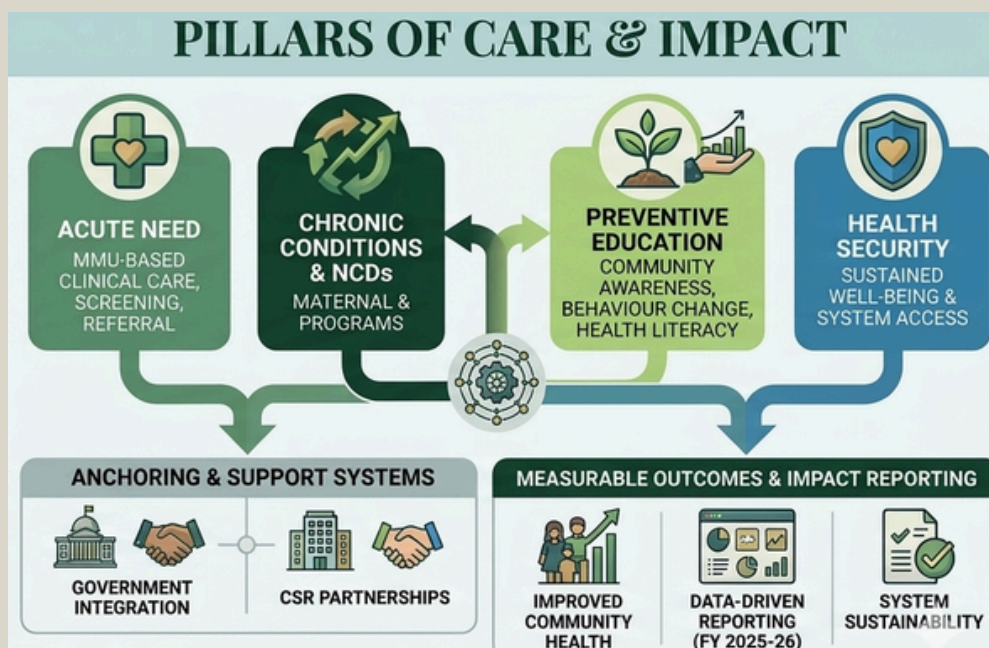
Training knowledge



COMMUNITY MOBILISATION & SYSTEMS LINKING

Connecting underserved populations to government health infrastructure and social protection.

Program Architecture



Our 6 Active Projects - FY 2025-26

01 **Project PRATYUSHA**
Promoting Ayurvedic foods, traditional grains & AYUSH Aahar among adolescents and adults in HP.

NESTLÉ R&D

02 **KAVACH – CLICK & RCH**
Health on Wheels Mobile Medical Unit for maternal & child health in Baddi, Himachal Pradesh.

GLENMARK FOUNDATION

03 **Transforming Lives**
Migrant Workers' Dwelling Improvement Initiative in Delhi & Mumbai slums.

CBRE

04 **MCH – GIDC Ankleshwar**
Strengthening Maternal & Child Health in underserved industrial communities of Gujarat.

COROMANDEL INTERNATIONAL

05 **Jan Kavach – Mumbai & Pune**
Mobile Medical Clinics for NCD screening, primary care, and health awareness in Maharashtra.

HUNTSMAN SOLUTIONS

06 **Naturopathy & Acupressure**
Promotion of complementary and alternate medicine for underserved communities in Delhi & Gurugram.

DLF FOUNDATION

Impact Overview

3,425

**PRATYUSHA Survey
Respondents
Baseline + Endline
combined**

17,000+

**KAVACH Beneficiaries
(Glenmark, HP)
120+ activities conducted**

61

**Households
Fully Renovated
Delhi & Mumbai (CBRE)**

531

**ANC Registrations
Ankleshwar
42 high-risk pregnancies
tracked**

3,591+

**Jan Kavach
Beneficiaries (Pune)
Jan–Mar 2026**

3,713

**Naturopathy
Beneficiaries
Oct 2025 – Mar 2026**

1,333

**Institutional
Deliveries Tracked
Only 10 home deliveries**

2,547

**Children - Full
Vaccination Completed
KAVACH programme (HP)**

Across 6 projects, and multiple states - FY 2025-26 delivered measurable, community-led transformation in health, nutrition, housing, and holistic well-being.

Project 01

Project PRATYUSHA (PRomoting Ayurvedic food, Traditional grains & aYUSH Ahar)

Background & Approach

Project **PRATYUSHA** addressed the widening gap between India's rich Ayurvedic nutritional heritage and its declining adoption in everyday life. The project was implemented through a rigorous Knowledge–Attitude–Behaviour–Practice (KABP) approach, beginning with a structured baseline survey and culminating in a community-based endline evaluation.

The baseline revealed high general awareness of Ayurveda (77.6% adults, 73.6% adolescents), yet a very narrow understanding of its practical application - most respondents perceived it only as a system of medicine rather than a holistic lifestyle and dietary practice. Similarly, awareness of traditional grains was high (96.7% adults, 91.5% adolescents), but actual consumption was dominated by wheat and rice.

PROJECT AT A GLANCE

LOCATION	Baddi Sub-Division, Solan District, Himachal Pradesh
DURATION	September 2025 – March 2026 (6 months)
TARGET	Adolescents (10–19 yrs) & Adults (20–50 yrs), rural & semi-urban
BASELINE	1,625 respondents (939 adults + 686 adolescents)
ENDLINE	1,800 respondents (1,141 adults + 659 adolescents)
VILLAGES	9 villages + 3 urban wards, Baddi
APPROACH	KABP + IEC + Andersen's Behavioural Model
PARTNER	Nestlé Research & Development Division



Key Intervention Activities

- School-based education sessions across 7 government schools
- Community awareness meetings in 12 locations (villages & urban wards)
- Recipe demonstrations - Ragi Cheela, Rajgira Halwa, Jwar Khichdi, Kuttu Halwa, Sama Kheer
- Nukkad Natak (street theatre) for culturally resonant health messaging
- Development & distribution of 5 IEC formats: Poster, Pamphlet, Flipbook, Activity Book, Recipe Cards
- AYUSH Corners established in schools & colleges
- IEC materials launched on January 12, 2026 at Government College, Nalagarh (National Youth Day)
- 6 Focus Group Discussions (FGDs) + 7 In-Depth Interviews (IDIs) for qualitative endline

Endline Key Findings (FY 2025–26)

Ayurveda Awareness Adults: **77.6% → 85.4%**

Ayurveda Awareness Adolescents: **73.6% → 82.7%**

Knowledge barrier (ignorance) Adults: **92.8% → 39.8%**

Knowledge barrier Adolescents: **84% → 38.8%**

Willingness to use grains (Adolescents): **76.1% → 99.8%**

Project participation overall: **90.8%**

Perceived as lifestyle (Adults): **0% → 33.2%**

Interest in Ayurveda post-activities: **91.7% adults, 95% adolescents**

1,625

Baseline survey respondents

1,800

Endline survey respondents

+9.1pp

Adolescent Ayurveda awareness increase

+7.8pp

Adult Ayurveda awareness increase

99.8%

Adolescents willing to adopt traditional grains at endline

90.8%

Overall project activity participation

Perceived Usefulness: 72.4% of adolescents and 61.8% of adults rated activities as "Very Useful". Overall 65.7% rated as Very Useful.



Project 02

KAVACH – CLICK & RCH

Integrated Maternal, Child & Community Health - Baddi, Himachal Pradesh

About the Programme

Project KAVACH operates on the principle that "Healthcare must go where people are." Across Baddi and surrounding areas - home to dense migrant and industrial worker populations - the project deployed its Health on Wheels MMU, conducted structured MNCH sessions, organised large-scale awareness campaigns, and supported immunization through MUAC assessments and school health programmes.



Project at a Glance

LOCATION

Baddi, Nalagarh, Barotiwala, Dharampur — Solan District, HP

DURATION

April 2025 – March 2026 (Full Year FY 2025–26)

TARGET POPULATION

Children (0–6 yrs), Women (19–65 yrs), Adolescents, Adults

TOTAL ACTIVITIES

120+ sessions & activities across 4 quarters

TOTAL BENEFICIARIES

17,000+

DELIVERIES TRACKED

1,333 institutional deliveries (only 10 home deliveries)

CHILDREN VACCINATED

2,547 children tracked with full vaccination completion

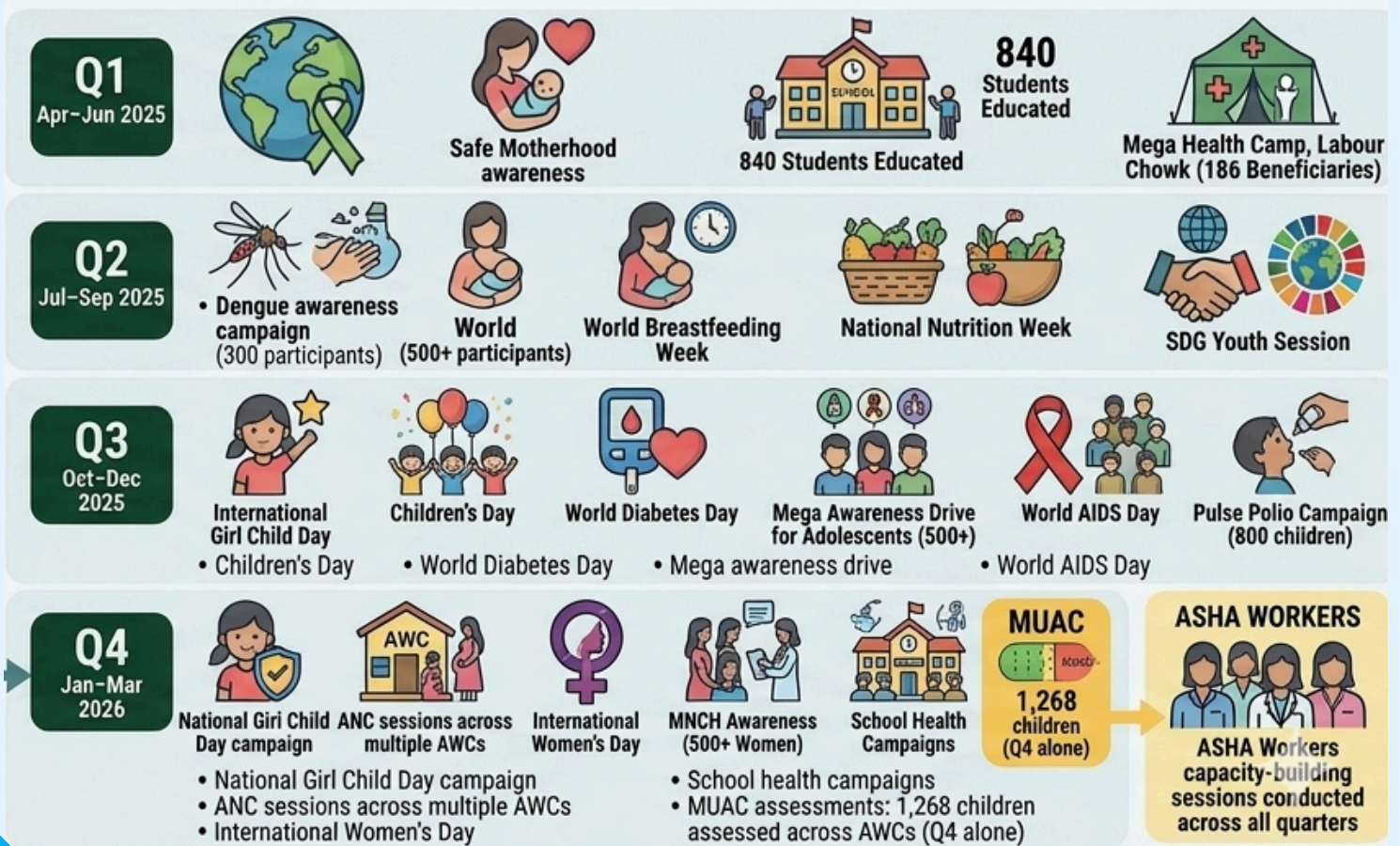
FUNDER / PARTNER

Glenmark Foundation

Quarterly Activity Highlights

- Q1 (Apr–Jun 2025): World Health Day, Safe Motherhood awareness, school health sessions (840 students), mega health camp at Labour Chowk (186 beneficiaries)
- Q2 (Jul–Sep 2025): Dengue awareness campaign (300 participants), World Breastfeeding Week (500+ participants), National Nutrition Week, SDG youth session
- Q3 (Oct–Dec 2025): International Girl Child Day, Children's Day, World Diabetes Day, mega awareness drive for adolescents (500+), World AIDS Day, Pulse Polio campaign (800 children)
- Q4 (Jan–Mar 2026): National Girl Child Day campaign, ANC sessions across multiple AWCs, International Women's Day, MNCH awareness (500+ women), school health campaigns
- ASHA Workers capacity-building sessions conducted across all quarters
- MUAC assessments: 1,268 children assessed across AWCs (Q4 alone)

QUARTERLY ACTIVITY HIGHLIGHTS (FY 2025-26)





17,000+

Total beneficiaries (FY 2025–26)

1,333

Deliveries tracked; 10 home deliveries

2,547

Children – full vaccination completion

120+

Sessions & activities conducted

QUARTER	ACTIVITIES	BENEFICIARIES
Q1: Apr–Jun 2025	25+	3,500+
Q2: Jul–Sep 2025	30+	4,000+
Q3: Oct–Dec 2025	30+	5,000+
Q4: Jan–Mar 2026	35+	4,500+
Annual Total	120+	17,000+

Transforming Lives: Migrant Workers' Dwelling Improvement Initiative

Rationale & Context

India's urban informal settlements are home to millions of migrant workers who build our city infrastructure yet live in hazardous "Katcha" structures. The CBRE-iRG initiative addressed three critical gaps: the Safety Gap (structural failures), the Health Gap (unpaved floors, leaking roofs), and the Dignity Gap (lack of private sanitation, particularly affecting women).



Project at a Glance (CBRE 1)

LOCATIONS

Delhi: Rajiv Gandhi JJ Camp, Chitra Vihar;
Mumbai: Khardevnagar, Vashinaka, Chembur
District

RENOVATION PERIOD

July 2025 – February 2026 (Phased)

HOUSEHOLDS RENOVATED

61 households (60 targeted + 1 additional)

TOILETS RESTORED

36 community toilet units (Delhi)

DIRECT BENEFICIARIES

200+ direct; 500+ indirect community-level

COMMUNITY MEETINGS

26 meetings, 800+ participants

SDG ALIGNMENT

SDG 11 (Sustainable Cities), SDG 3 (Good health and well-being) & SDG 6 (Clean Water & Sanitation)

PARTNER

CBRE India

Renovation Phases (FY 2025–26)

- Phase 1 (Jul–Sep 2025): Heavy civil work - wall plastering, floor levelling, foundation repairs
- Phase 2 (Oct–Dec 2025): Kitchens, washroom plumbing, premium wall tiling, sink installation
- Phase 3 (Jan–Feb 2026): Interior/exterior painting, LED electrical fittings, exhaust fans, heavy-duty iron doors
- 36 community toilet units restored in Delhi, reducing water-borne disease risk
- SBCC (Social Behaviour Change Communication) sessions: 70 beneficiaries on safe living & hygiene
- Independence Day free health camp: 180 beneficiaries with basic screenings & medicine distribution
- Community cleanliness drives - Feb 2026 with 40+ participants



61

Households fully renovated

36

Community toilets restored (Delhi)

200+

Direct beneficiaries

26

Community engagement meetings

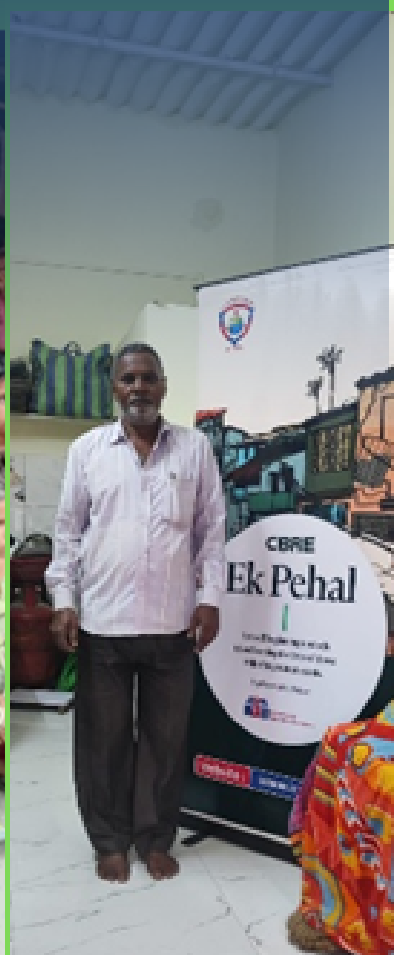
800+

Community members participated
in meetings

70

SBCC session beneficiaries

By February 2026, all 61 households had moved from "Pending" or "Work-in-Progress" to **COMPLETED** — delivering higher structural integrity, functioning sanitation, and improved quality of life for 200+ direct beneficiaries and 500+ indirect beneficiaries.



Project at a Glance (CBRE-2.0)

LOCATIONS	Delhi: <u>Dakshinpuri</u> (Shaheed Camp and Sanjay Camp); Mumbai: <u>Vashinaka</u> , Chembur District
RENOVATION PERIOD	December 2025 – March 2026
HOUSEHOLDS RENOVATED	45 households (25 in Delhi + 20 in Mumbai)
COMPONENT ADDED	SBCC
DIRECT BENEFICIARIES	~ 150
COMMUNITY MEETINGS & SBCC SESSIONS	15 sessions, 1 member from each household attended the session
SDG ALIGNMENT	SDG 11 (Sustainable Cities), SDG 3 (Good health and well-being) & SDG 6 (Clean Water & Sanitation)
PARTNER	CBRE India

As part of CBRE 2.0, health camps were conducted across both project locations in conjunction with SBCC activities. The initiative reached over 101 beneficiaries in Delhi and more than 150 in Mumbai, ensuring access to free medical consultations and essential medicines.



Strengthening Maternal and Child Health in Underserved Communities of GIDC Ankleshwar

Context & Challenge

GIDC Ankleshwar's industrial clusters house a predominantly migrant population from Madhya Pradesh, Dahod, and Godhra who are often undocumented and highly mobile. High rates of anaemia - including among adolescent mothers - combined with early return to heavy labour post-delivery, deep vaccine hesitancy, and language barriers created a persistent cycle of preventable health risk.



Project at a Glance

LOCATION

GIDC Ankleshwar Industrial Zone, Bharuch District, Gujarat

DURATION

August 2025 – March 2026

TARGET POPULATION

Pregnant women (19–45 yrs), Children (0–6 yrs), Lactating mothers

COMMUNITIES COVERED

18 industrial & residential clusters incl. Madhav Estates, Yogi Estates, Ramdepir Chokadi

ANC REGISTRATIONS

531 cumulative | 123 new registrations | 107 new PNC registrations

HIGH-RISK PREGNANCIES

42 identified and tracked to specialist care

INDIVIDUAL COUNSELLING

1,515+ door-to-door and individual counselling sessions

FUNDER / PARTNER

Coromandel International

Core Activities

- Data-driven mapping of 18 industrial and residential clusters
- 1,515+ door-to-door individual counselling sessions (ANC/PNC, nutrition, immunization)
- 34 group meetings with 1,294+ community participants
- Escort services and physical facilitation to UPHC for high-risk cases
- Mega Health Camps (Sep & Oct 2025) with ANC/PNC check-ups, anaemia screening, free medicines
- National Deworming Day - Albendazole distribution (Feb 2026)
- 45+ Mamta Cards facilitated for previously excluded migrant women
- Nutrition kits distributed to pregnant women and SAM/MAM children
- Advocacy meetings with CDHO/RCHO for systemic vaccine supply and MMU coordination



531

Cumulative ANC
registrations

107

New PNC registrations

42

High-risk pregnancies
identified & tracked

163

Children with pending
vaccination traced

1,515+

Door-to-door counselling
sessions

45+

Mamta Cards facilitated

Project: Jan Kavach

Huntsman Mobile Medical Unit

Dual-Location Mobile Health Model

The Jan Kavach initiative demonstrates that mobile health models deliver strong outcomes regardless of geography - from urban slums in Navi Mumbai to rural hamlets in Khed Taluka, Pune. Both clinics were grounded in a shared principle: bring healthcare to communities rather than asking communities to travel.

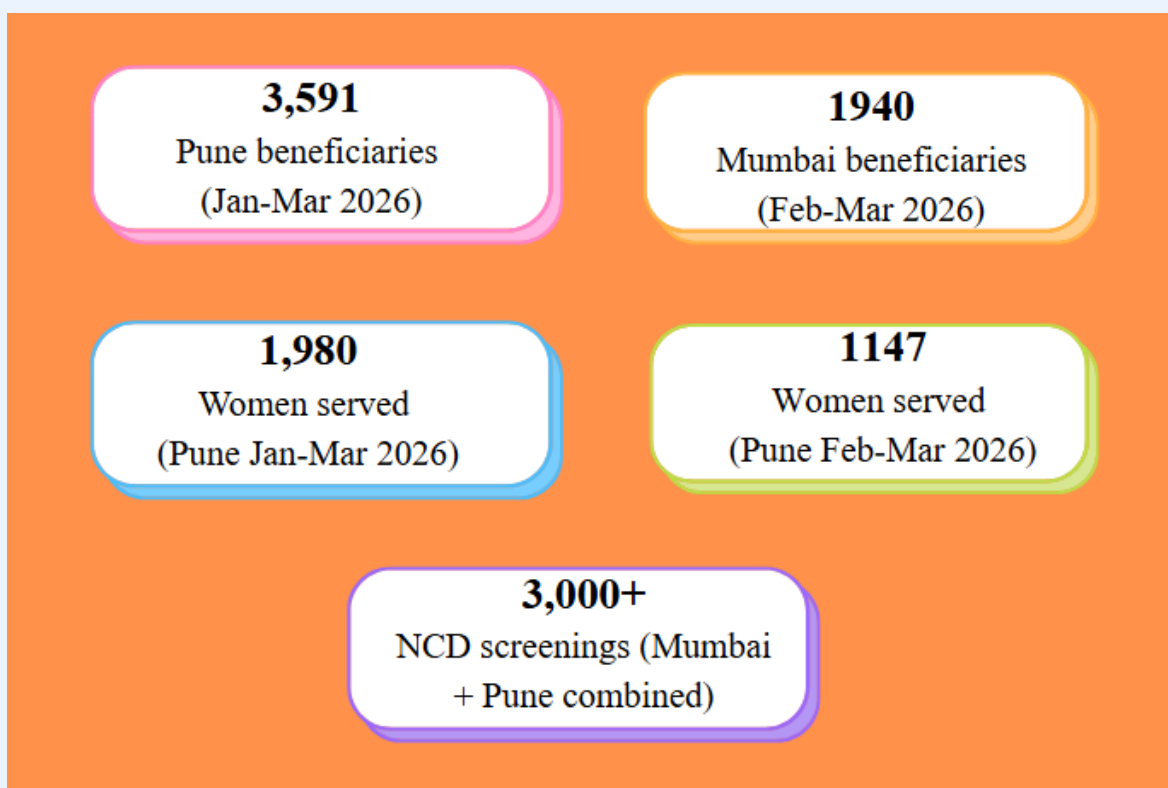


Project at a Glance

LOCATIONS	Navi Mumbai (15+ settlements: <u>Panvel</u> , <u>Airoli</u> , <u>Belapur</u> , <u>Uran</u> , etc.) & <u>Khed Taluka</u> , <u>Pune</u> (19 villages)
DURATION (FY 2025-26)	January 2026 - March 2026 (<u>Pune</u> : Jan-Mar, and <u>Mumbai</u> : Feb-Mar data available)
PUNE BENEFICIARIES	3,591 total: Male 1,611 · Female 1,980 (Jan-Mar 2026)
MUMBAI BENEFICIARIES	1,940 total: Male 793, Female 1,147 (Feb-March 2026)
KEY FOCUS	NCD screening (Diabetes, Hypertension, Cancer), primary care, health awareness
SPECIAL CAMPS	<u>Huntsman Chakan</u> camp (Sep 2025) - 30 beneficiaries, eye screening & corrective glasses
MODEL	Mobile Medical Clinic (MMC) & Mobile Medical Unit (MMU)
PARTNER	Huntsman International (Solutions)

Key Activities (FY 2025–26)

- Systematic BP, blood sugar, Hb, and BMI screening for NCD risk detection
- Monthly special awareness sessions: Guillain-Barré Syndrome, TB prevention, Filariasis (Pune)
- Menstrual hygiene session (Samta Nagar, Jan 2025) with sanitary pad distribution
- Children's health screening with deworming tablet distribution for missed school doses
- Special health camp at Huntsman Chakan, Sep 2025 - 30 beneficiaries, eye screening, corrective glasses distributed
- First-line emergency care: wound management, asthma stabilisation, malnourished child referral
- WASH awareness on handwashing, personal sanitation, and nutritional practices



Promotion of Complementary and Alternate Medicine- ‘Naturopathy’ and ‘Acupressure Therapy’ Gurugram, Haryana & New Delhi

About the Programme

In a healthcare landscape dominated by pharmaceutical interventions, the DLF Foundation Naturopathy Project offers an evidence-based alternative grounded in wellness, prevention, and the body's innate healing capacities. The clinic at DLF CyberCity provides structured consultations integrating dietary counselling, lifestyle modification, acupressure, magnet therapy (for autoimmune conditions), and stress management - all adapted to individual need.

Project at a Glance

LOCATIONS	DLF <u>CyberCity</u> /Gateway Towers, <u>Gurugram</u> & New Delhi
FY 2025–26 PERIOD	October 2025 – March 2026
TOTAL BENEFICIARIES	3,713 (Oct 2025 – Mar 2026)
ANNUAL TARGET	3,200 beneficiaries (12-month) — exceeded in 6 months
MEDICAL TEAM	Dr. <u>Madhubala Singh</u> & Dr. <u>Anupam Kumar</u>
OPERATIONAL HOURS	Monday to Friday, 9:30 AM – 5:00 PM
SERVICES	<u>Acupressure</u> , magnet therapy, dietary & lifestyle counselling, stress management, herbal guidance
FUNDER / PARTNER	DLF Foundation

Services Provided

- Individual naturopathic consultations with comprehensive health history assessment
- Acupressure therapy for pain management, chronic conditions, and lifestyle disorders
- Personalised dietary counselling - locally available, affordable foods; fermented foods, hydration
- Lifestyle modification guidance (sleep, stress, physical activity, pranayama)
- Magnet therapy for specific autoimmune and inflammatory conditions
- Meditation and guided relaxation for psychological wellbeing



MONTH	BENEFICIARIES
October 2025	426
November 2025	553
December 2025	731
January 2026	699
February 2026	656
March 2026	648
Total (Oct–Mar)	3,713

With 3,713 beneficiaries in just 6 months (Oct 2025–Mar 2026), the project is on track to **surpass its 12-month target of 3,200 beneficiaries** well ahead of schedule, reflecting strong community demand.



Stories of Change



Poonam

Baddi, Himachal Pradesh · Project PRATYUSHA

Before the awareness sessions under Project PRATYUSHA, Poonam's household was a rice-and-wheat-only kitchen. Traditional grains like ragi, jowar, and bajra were names she had heard but never meaningfully engaged with.

After attending community sessions, Poonam not only learned about the nutritional value and health benefits of these grains but also received simple, affordable recipes through the project's recipe cards. The hands-on demonstrations made the shift practical, not just theoretical.

"Now I understand their importance and I am planning to include them in our diet at least once a week. This awareness has helped us make healthier food choices for our family."

NESTLÉ R&D · PRATYUSHA · SEP 2025–MAR 2026



Kamaljeet Kaur

Baddi, Himachal Pradesh · Project PRATYUSHA

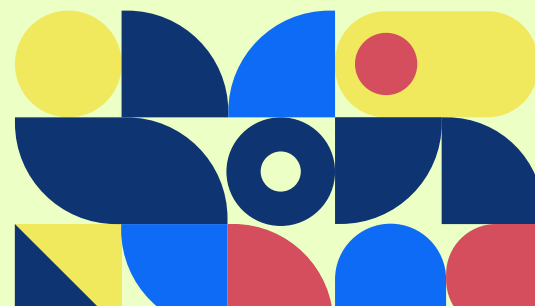
Kamaljeet had always relied on wheat-based foods in her household. Her knowledge of traditional grains was limited until the PRATYUSHA team arrived in her community with awareness sessions, recipe cards, and cooking demonstrations.

She tried preparing Ragi Cheela and Bajra Khichdi at home, using the recipe cards provided by the project. Her children enjoyed both dishes — a critical milestone given that young people's acceptance of traditional foods is often the biggest barrier to sustained adoption.

"My children liked these dishes, and it encouraged me to include these nutritious grains more often in our family's diet."

NESTLÉ R&D · PRATYUSHA · JAN 2026

Behind every number is a name. These stories represent the lived **reality of transformation** - of awareness becoming action, and of communities choosing healthier futures.





Nilukumari Baila Das

Yogi Estate, Ankleshwar · MCH Project

At 26, Nilukumari was identified during a routine field visit to Yogi Estate in GIDC Ankleshwar. She had no Mamta Card, no ANC history, and her Hb was 8.5 g/dL — a case of moderate-to-severe anaemia in an advanced pregnancy. Without the project team's outreach, her condition could have gone undetected.

The iRG team facilitated her immediate ANC registration, escorted her to the Urban Health Centre for ultrasound and profile investigations, and initiated Iron Sucrose therapy. Within a month, her Hb improved to 9 g/dL. She remains under regular monitoring and her health is now stable.

From invisible to cared for — Nilukumari's story reflects the power of proactive last-mile outreach for India's most mobile, underserved populations.

COROMANDEL · GIDC ANKLESHWAR · MAR 2026



Challenges, Solutions & Adaptive Strategies



S. No.	Challenge	Solution	Result
1	Mobile Migrant Populations - Frequent relocation caused ANC defaults and missed vaccinations in HP & Gujarat projects	Flexible multi-location scheduling, community volunteer tracking, and sustained door-to-door follow-up	163 children traced; 531 ANC registrations; 42 high-risk pregnancies managed
2	Knowledge-Practice Gap (PRATYUSHA) - High Ayurveda awareness but very low practical application in daily diet and lifestyle	5 IEC formats, live recipe demonstrations, <u>Nukkad Natak</u> , and school AYUSH Corners	Ignorance as a barrier dropped from ~90% to ~39%; grain adoption willingness reached 99.8% among adolescents
3	Renovation with Resident Families (CBRE) - Structural work conducted in occupied homes; dust, noise, and safety coordination were ongoing challenges	Three phased approach (civil → sanitation → finishing) with high-touch household coordination and clear timelines	All 61 households completed by Feb 2026; 36 community toilets restored in Delhi
4	Vaccine Hesitancy & Slow-Medicine Perception - Myths about side effects, lack of ID documentation, and preference for instant allopathic relief across multiple projects	Peer testimonies, flexible documentation support, and practitioner-led <u>counselling</u> on root-cause healing	155+ immunizations completed; 45+ <u>Mamta Cards</u> facilitated; naturopathy target of 3,200 exceeded in just 6 months (3,713 served)



Looking Ahead

Building on a year of deep community engagement and measurable impact, iRG enters FY 2026–27 with renewed momentum - scaling what works, learning from what didn't, and reaching further into India's most underserved geographies.



01 Expanding Community Reach

Scaling evidence-based interventions to new districts and states, while deepening presence in KAVACH and Ankleshwar communities through sustained follow-up and system integration.

02 Strengthening Preventive Healthcare

Deepen awareness on nutrition, maternal health, and NCDs through sustained engagement - integrating PRATYUSHA learnings into broader nutrition education curricula across more states.

03 Enhancing Service Delivery Models

Improve last-mile access through optimised MMU scheduling, expanded AYUSH clinic linkages, digital health literacy tools, and stronger referral pathways for frontline workers.

04 Promoting Integrated Health Solutions

Bridge conventional and alternative care — scaling naturopathy and Ayurvedic dietary programmes and embedding them within preventive health frameworks and government AYUSH systems.

05 Building Stronger Partnerships

Deepen CSR collaborations, expand government convergence (ICDS, AYUSH, NRHM), and explore research partnerships to generate stronger evidence for public health policy advocacy.

“As we look ahead, our vision remains clear - to build healthier, informed, and resilient communities where quality care is accessible to all.”



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